



Disease Management Program

The OneCare disease management program works to identify populations with chronic diseases that may benefit from more intensive care supports. The disease management program is rooted in utilizing evidence based medicine, educating the care team with the most up-to-date clinical guidelines, and working to ensure treatment consistency for targeted populations and conditions. The program is designed to improve health for those patients with chronic conditions by providing ongoing education as well as access to community resources, services, and supports that can help patients successfully manage their conditions. OneCare's community-based care coordination program facilitates and empowers individuals to work with their multidisciplinary care team to prevent complications and achieve an optimal state of health.

OneCare puts a focus on the following conditions:

- Congestive Heart Failure
- Chronic Obstructive Pulmonary Disease
- Diabetes
- Coronary Artery Disease
- Hypertension
- Asthma
- Tobacco Use
- High Risk Pregnancy

Partnering with existing community resources, self-management programs and community health team offerings, OneCare will provide linkages to patients who might be able to take advantage of offerings to help manage the disease, or control symptoms and improve the quality of their life.

- **State Community Health Teams:** <http://healthvermont.gov/local>
- **Healthier Living Workshops:** <http://healthvermont.gov/wellness>